

YU'S ACUPUNCTURE & HERB CENTER

Confidential Patient Health History

Patient's Name _____ Date _____

Chief Complaint(s): *Please indicate how long you've had the condition(s).*

Other Complaint(s): *Please indicate how long you've had the condition(s).*

What kinds of treatments have you received?

Past Medical History:

List any Hospitalizations & Surgeries

Date

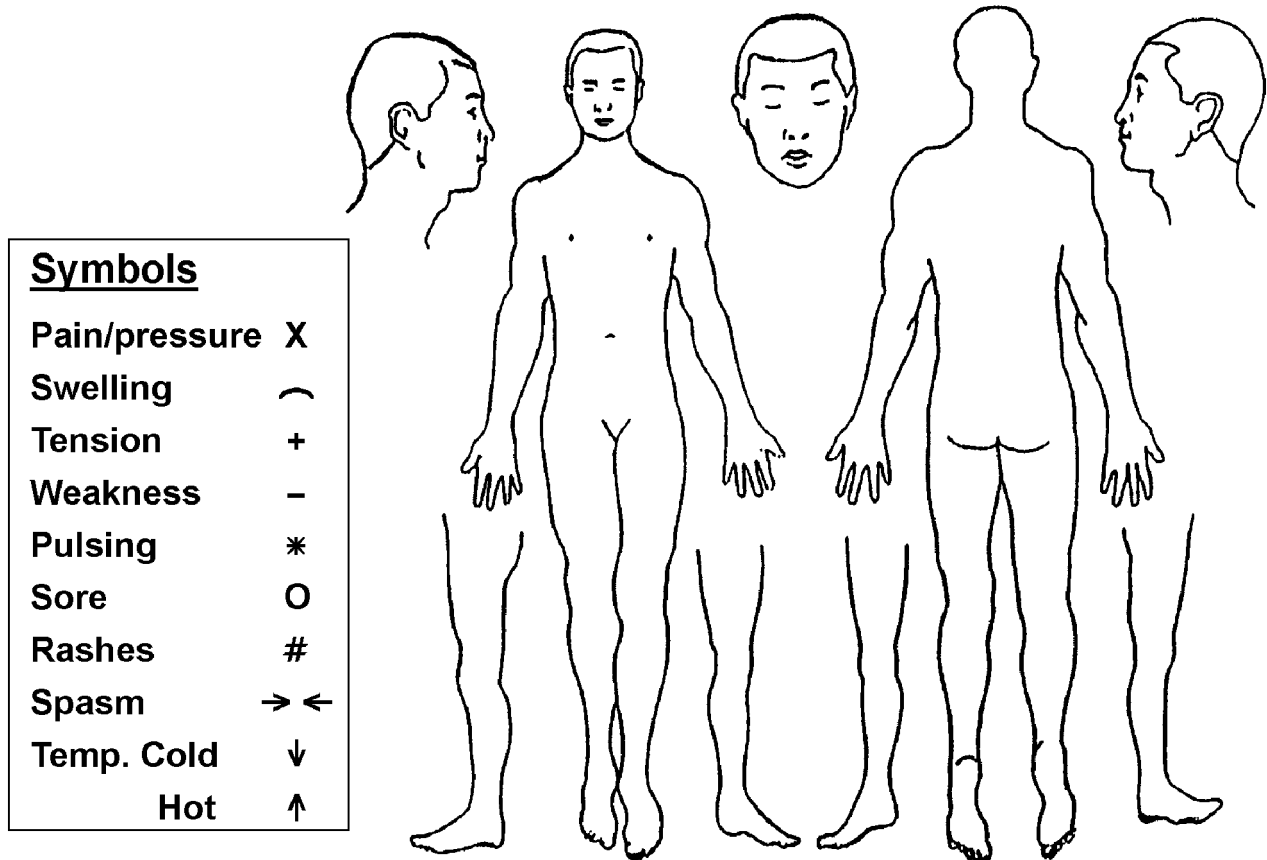
Place

List medications being taken (include dose)

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Nutritional Supplements

Indicate painful or distressed areas:



Please check if you have had:

General

- | | | |
|---|---|--|
| <input type="checkbox"/> Anemia | <input type="checkbox"/> Poor Appetite | <input type="checkbox"/> Tremors |
| <input type="checkbox"/> Fatigue | <input type="checkbox"/> Localized Weakness | <input type="checkbox"/> Poor Balance |
| <input type="checkbox"/> Fever | <input type="checkbox"/> Bleed or Bruise Easily | <input type="checkbox"/> Cravings |
| <input type="checkbox"/> Weight Loss | <input type="checkbox"/> Peculiar Tastes or Smells | <input type="checkbox"/> Weight Gain |
| <input type="checkbox"/> Sweats | <input type="checkbox"/> Strong Thirst (hot or cold drinks) | <input type="checkbox"/> Alcoholism |
| <input type="checkbox"/> Chills | <input type="checkbox"/> Sudden Energy Drop | <input type="checkbox"/> Tetanus Shot |
| <input type="checkbox"/> Drug Addiction | <input type="checkbox"/> Poor Sleep Habits | <input type="checkbox"/> Frequent cold/flu |

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Skin and Hair

- | | | |
|--|---|--|
| <input type="checkbox"/> Rashes | <input type="checkbox"/> Open sore | <input type="checkbox"/> Recent moles |
| <input type="checkbox"/> Itching | <input type="checkbox"/> Acne | <input type="checkbox"/> Loss of Hair |
| <input type="checkbox"/> Dandruff | <input type="checkbox"/> Corns | <input type="checkbox"/> Hives |
| <input type="checkbox"/> Change in hair/skin texture | <input type="checkbox"/> Warts | <input type="checkbox"/> Nail Problems |
| <input type="checkbox"/> Ulcerations | <input type="checkbox"/> Psoriasis | <input type="checkbox"/> Dry skin |
| <input type="checkbox"/> Eczema | <input type="checkbox"/> Shingles (herpes zoster) | |

Head, Eyes, Ears, Nose and Throat

- | | | |
|--|--|---|
| <input type="checkbox"/> Dizziness/Vertigo | <input type="checkbox"/> Concussions | <input type="checkbox"/> Migraines |
| <input type="checkbox"/> Poor Vision | <input type="checkbox"/> Eye Strain | <input type="checkbox"/> Eye Pain |
| <input type="checkbox"/> Cataracts | <input type="checkbox"/> Night Blindness | <input type="checkbox"/> Color Blindness |
| <input type="checkbox"/> Ringing in ears | <input type="checkbox"/> Blurry Vision | <input type="checkbox"/> Earaches |
| <input type="checkbox"/> Sinus Problems | <input type="checkbox"/> Poor Hearing | <input type="checkbox"/> Spots in front of eyes |
| <input type="checkbox"/> Grinding Teeth | <input type="checkbox"/> Nose Bleeds | <input type="checkbox"/> Recurrent Sore Throats |
| <input type="checkbox"/> Nasal Congestion | <input type="checkbox"/> Hoarseness | <input type="checkbox"/> Facial Pain |
| <input type="checkbox"/> Headaches | | |

Cardiovascular

- | | | |
|---|--|---|
| <input type="checkbox"/> High Blood Pressure | <input type="checkbox"/> Myocarditis | <input type="checkbox"/> Coronary Heart Disease |
| <input type="checkbox"/> Low Blood Pressure | <input type="checkbox"/> Difficulty in Breathing | <input type="checkbox"/> Palpitations |
| <input type="checkbox"/> Chest Pain | <input type="checkbox"/> Hardening of Arteries | <input type="checkbox"/> Irregular Heartbeat |
| <input type="checkbox"/> Varicose Veins | <input type="checkbox"/> Phlebitis | <input type="checkbox"/> Mitral Stenosis |
| <input type="checkbox"/> Swelling of Hands/Feet | <input type="checkbox"/> Blood Clots | <input type="checkbox"/> Mitral Prolapse |
| <input type="checkbox"/> Fainting | <input type="checkbox"/> Cold hands/feet | <input type="checkbox"/> Bleeding easily |

Respiratory

- | | | |
|--|---|---|
| <input type="checkbox"/> Cough | <input type="checkbox"/> Coughing Blood | <input type="checkbox"/> Pain w/ deep breath |
| <input type="checkbox"/> Bronchitis | <input type="checkbox"/> Pneumonia | <input type="checkbox"/> Production of Phlegm |
| <input type="checkbox"/> Difficulty breathing lying down | <input type="checkbox"/> Asthma | <input type="checkbox"/> Pleurisy |
| <input type="checkbox"/> Emphysema | | |

Gastrointestinal

- | | | |
|---|---|--|
| <input type="checkbox"/> Nausea | <input type="checkbox"/> Constipation | <input type="checkbox"/> Diarrhea |
| <input type="checkbox"/> Vomiting | <input type="checkbox"/> Gas/Bloating | <input type="checkbox"/> Belching |
| <input type="checkbox"/> Bad Breath | <input type="checkbox"/> Blood in Stools | <input type="checkbox"/> Black Stools |
| <input type="checkbox"/> Abdominal Pain or Cramps | <input type="checkbox"/> Rectal Pain | <input type="checkbox"/> Hemorrhoids |
| <input type="checkbox"/> Indigestion | <input type="checkbox"/> Chronic Laxative Use | <input type="checkbox"/> Acid Reflux |
| <input type="checkbox"/> Ulcer | <input type="checkbox"/> Colitis | <input type="checkbox"/> Vomiting/Spitting blood |

Genitourinary

- | | | |
|---|---|---|
| <input type="checkbox"/> Bed Wetting | <input type="checkbox"/> Blood in Urine | <input type="checkbox"/> Frequent Urination |
| <input type="checkbox"/> Urgent Urination | <input type="checkbox"/> Kidney Infections / Stones | <input type="checkbox"/> Painful Urination |
| <input type="checkbox"/> Bladder Infections | <input type="checkbox"/> Genital Herpes | <input type="checkbox"/> Venereal Disease |
| <input type="checkbox"/> Prostate Problems | <input type="checkbox"/> Cystitis | <input type="checkbox"/> Incontinence |

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Pregnancy and Gynecology

- | | | |
|--|--|---|
| <input type="checkbox"/> Number of Pregnancies | <input type="checkbox"/> Age at 1 st Menstruation | <input type="checkbox"/> Menstrual Flow (heavy/light) |
| <input type="checkbox"/> Number of Abortions | ____ Time between Menstruation | <input type="checkbox"/> Color of Menses |
| <input type="checkbox"/> Number of Births | ____ Duration of Menstruation | <input type="checkbox"/> Texture of Menses |
| <input type="checkbox"/> Number of Miscarriages | ____ First Date of Last Menstruation | <input type="checkbox"/> Breast Lumps |
| <input type="checkbox"/> Use of Birth Control | <input type="checkbox"/> Irregular Periods | <input type="checkbox"/> Painful Periods/Cramps |
| <input type="checkbox"/> Frequent changes in emotion | <input type="checkbox"/> Endometriosis | <input type="checkbox"/> Vaginal Discharge (Color) |
| <input type="checkbox"/> Hot Flash/Night Sweats | <input type="checkbox"/> Uterine Fibroids | <input type="checkbox"/> Vaginal Sores |
| <input type="checkbox"/> Osteoporosis | ____ Age of Menopause | |

Musculoskeletal

- | | | |
|--|--|---------------------------------------|
| <input type="checkbox"/> Neck Pain | <input type="checkbox"/> Back Pain | <input type="checkbox"/> Muscle Pains |
| <input type="checkbox"/> Muscle Weakness | <input type="checkbox"/> Shoulder Pain | <input type="checkbox"/> Elbow Pain |
| <input type="checkbox"/> Hand/Wrist Pain | <input type="checkbox"/> Hip Pain | <input type="checkbox"/> Knee Pain |
| <input type="checkbox"/> Foot/Ankle Pain | | |

Neuropsychological

- | | | |
|---|---|--|
| <input type="checkbox"/> Seizures | <input type="checkbox"/> Dizziness | <input type="checkbox"/> Loss of Balance |
| <input type="checkbox"/> Areas of Numbness | <input type="checkbox"/> Lack of Coordination | <input type="checkbox"/> Poor Memory |
| <input type="checkbox"/> Concussion | <input type="checkbox"/> Depression | <input type="checkbox"/> Anxiety |
| <input type="checkbox"/> Bad Temper | <input type="checkbox"/> Easily susceptible to stress | <input type="checkbox"/> ADD |
| <input type="checkbox"/> Difficulty Concentrating | | |

Infection

- | | | |
|--|---------------------------------------|---|
| <input type="checkbox"/> Measles | <input type="checkbox"/> Mumps | <input type="checkbox"/> Whooping Cough |
| <input type="checkbox"/> Rheumatic Fever | <input type="checkbox"/> Tuberculosis | <input type="checkbox"/> Typhoid Fever |
| <input type="checkbox"/> Malaria | <input type="checkbox"/> Chicken Pox | <input type="checkbox"/> Scarlet Fever |
| <input type="checkbox"/> Small Pox | | |

Others

Are you allergic to any of the following? (If yes, please specify)

- | | |
|-----------------------------------|---------------------------------|
| <input type="checkbox"/> Medicine | <input type="checkbox"/> Herbs |
| <input type="checkbox"/> Food | <input type="checkbox"/> Others |

Did you have or are you having any of the following?

- | | |
|--|--|
| <input type="checkbox"/> Pacemaker | <input type="checkbox"/> Pregnant |
| <input type="checkbox"/> Electric Implants | <input type="checkbox"/> HIV Positive |
| <input type="checkbox"/> Metal Implants | <input type="checkbox"/> Hepatitis A/B/C |
| <input type="checkbox"/> Severe Bleeding Disorders | <input type="checkbox"/> Others |

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Social History

	No	Yes	When Started	When Stopped	Amount
Coffee	___	___	_____	_____	_____
Tea	___	___	_____	_____	_____
Alcohol	___	___	_____	_____	_____
Tobacco	___	___	_____	_____	_____
Other	___	___	_____	_____	_____

Diet, Exercises and Life Style:

Family History (please include the relationship)

- | | | | |
|--|-------|--|-------|
| <input type="checkbox"/> Migraines | _____ | <input type="checkbox"/> Stroke | _____ |
| <input type="checkbox"/> Heart Disease | _____ | <input type="checkbox"/> High Blood Pressure | _____ |
| <input type="checkbox"/> Allergies | _____ | <input type="checkbox"/> Mental Illness | _____ |
| <input type="checkbox"/> Asthma | _____ | <input type="checkbox"/> Gall Stones | _____ |
| <input type="checkbox"/> Arthritis | _____ | <input type="checkbox"/> Cancer | _____ |
| <input type="checkbox"/> Diabetes | _____ | <input type="checkbox"/> Thyroid Disease | _____ |
| <input type="checkbox"/> Glaucoma | _____ | <input type="checkbox"/> Epilepsy | _____ |
| <input type="checkbox"/> Others | _____ | | |

Comments

Please tell us of any other problems you would like to discuss:

Please inform us if you have
Bleeding Disorders* or *Pacemakers* or your are *Pregnant
prior to receiving treatments!